

Annual Refresher Course

Although it is not mandatory, the Health & Safety Executive (HSE) strongly recommend that qualified First Aiders and Emergency First Aiders undertake an annual refresher course in order to keep their skills up-to-date and refreshed.

This three hour annual refresher course has been designed to meet that requirement and will help First Aiders to maintain their skills and knowledge whilst also keeping up-to-date with any changes to protocols.

Syllabus

A range of subjects are covered including:-

- Responsibilities
- Primary Survey
- Recovery Position
- Resuscitation
- Wounds and Bleeding
- Hygiene
- Communication Skills
- Top to Toe Survey
- Action for Vomit
- Chain of Survival
- Bandaging



Duration

A minimum of 3 contact hours in the classroom, consisting of practical and theoretical activities.

Assessment and Marking

The course Instructor is responsible for determining whether delegates pass or fail based on practical assessment throughout the course, i.e. by observation and oral questioning. The Instructor will only award a pass if they believe that delegates have displayed the requisite understanding and competencies at the end of each session throughout the course.

Certification

A certificate of attendance will be issued.

Numbers

A maximum of 12 students can be accommodated on this course and all candidates must be a minimum of 14 years of age to qualify.